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für Internationale  
Zusammenarbeit (GIZ) GmbH

# Agroecology Leadership Academy

## Académie de leadership en agroécologie



# PERSONAL ECOLOGY | L'ÉCOLOGIE PERSONNELLE

# Ecology

the study of  
relationships between  
living things and their  
environments

# Écologie

l'étude des relations  
entre les êtres vivants  
et leur environnement

# Human Ecology

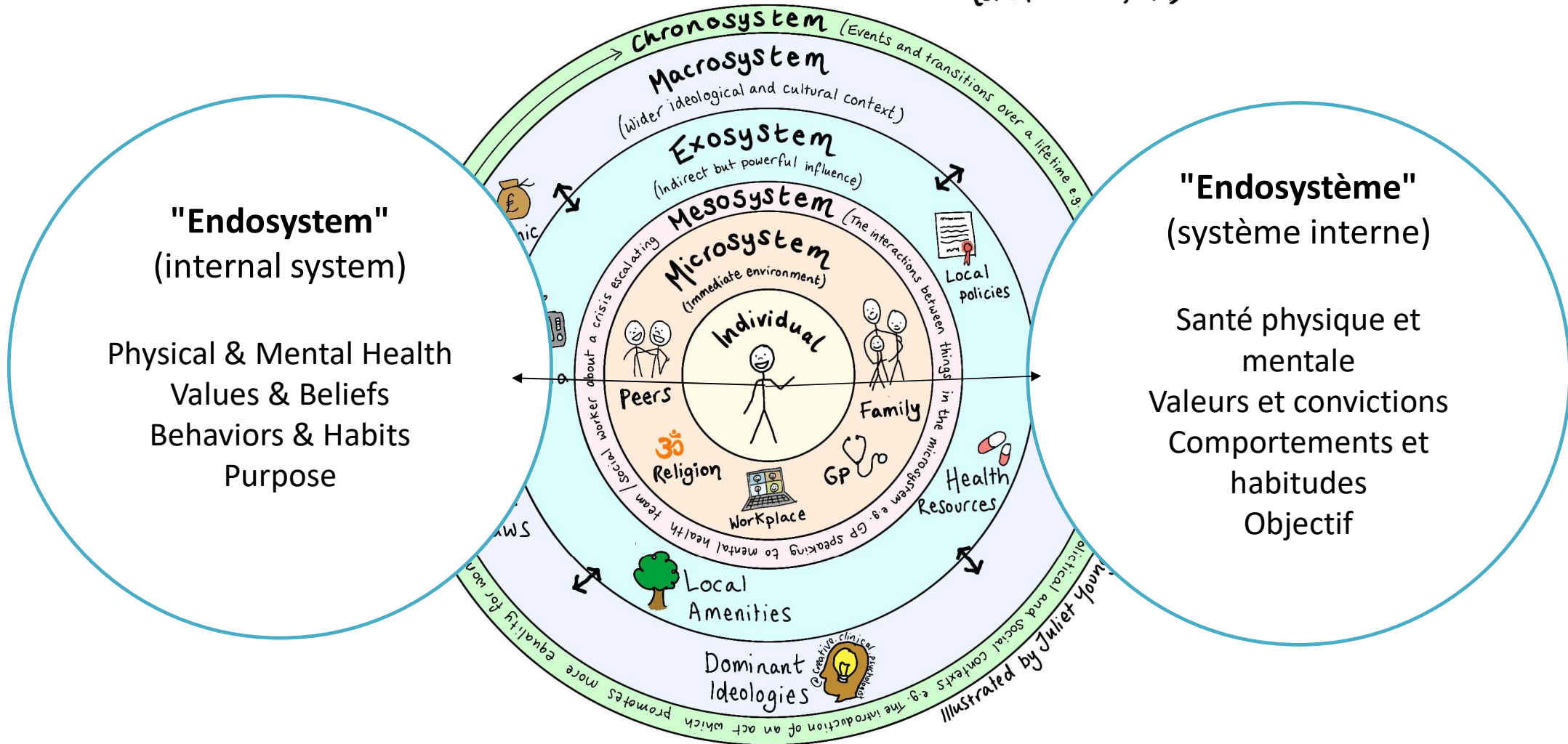
the study of  
relationships between  
**human beings** and  
their environments

# Écologie humaine

l'étude des relations  
entre les **êtres**  
**humains** et leur  
environnement

# Ecological Systems Theory

(Bronfenbrenner, 1979)



# Personal Ecology

A systems approach  
to "maintain balance, pacing,  
and efficiency to **sustain** our  
energy over a lifetime"

# Écologie personnelle

Une approche systémique pour  
"maintenir l'équilibre, le rythme  
et l'efficacité afin de **conserver**  
notre énergie tout au long de la  
vie".



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## Responsible

### Global Programme

### Soil protection and rehabilitation for food security

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